From Hives of Texas to the Lab

Analysis of antimicrobial and antioxidant activities of Texas honey samples for potential wound-healing use



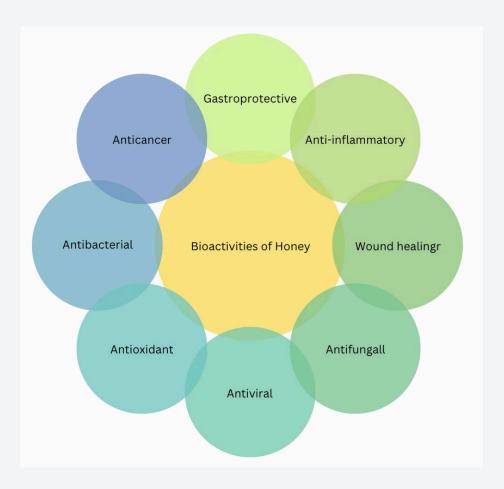
- History of Honey
 - Used for Medicinal Purposes by Ancient Civilizations
 - Egyptians, Assyrians, Chinese, Greeks and Romans
 - Over 500 Prescriptions in Ancient Egypt Alone







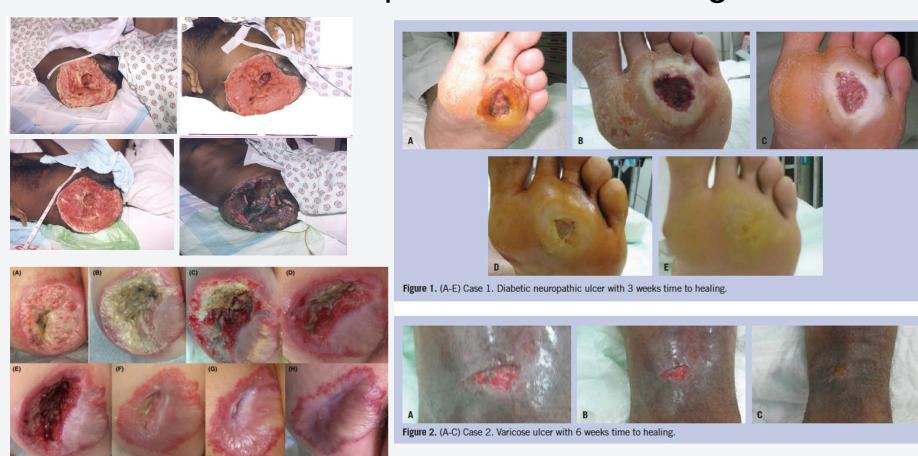
- Medicinal Properties
 - Antimicrobial property
 - Antioxidant property
- Growing trend in recent years in conducting research and clinical trials on the medicinal property use of honey





WARNINGgraphic content

Clinical Trial Examples: Wound Healing



Ulcerated hemangioma in a 7-month-old baby

Purpose

- Goal: To evaluate the bioactivity potential of Texas honey
- Aim: To identify the most potent sample of Texas honey for potential clinical trials
- This study is the first to analyze the medicinal properties of Texas honey, providing new and valuable insights into its potential therapeutic uses

Hypothesis

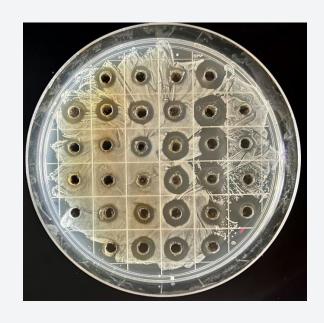
 Based on how honey has been used as medicine for thousands of years, we propose that some of the Texas honeys will possess high antioxidant and high antimicrobial property, making them strong candidate of medical grade honey

Methods

About 100 Texas honey samples were analyzed

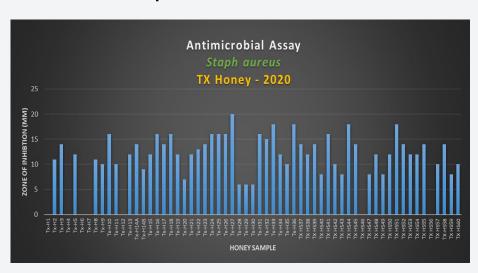
- Antimicrobial properties
 Antioxidant properties
 - Zone of Inhibition
 - Against Staphylococcus aureus
 - XTT metabolic activity assay

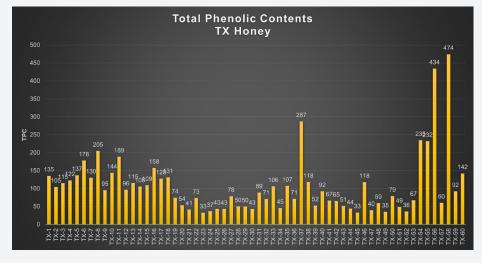
- - TPC
 - TFC
 - DPPH
 - FRAP





 Antimicrobial Properties and Antioxidant Properties of Texas Honey Samples





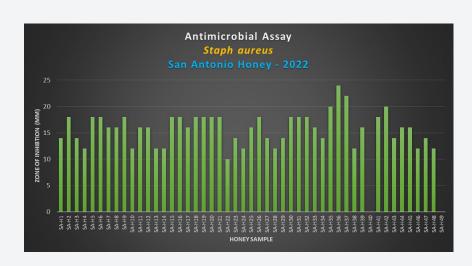
Zone of Inhibition (ZoI)
Weak: <11 mm

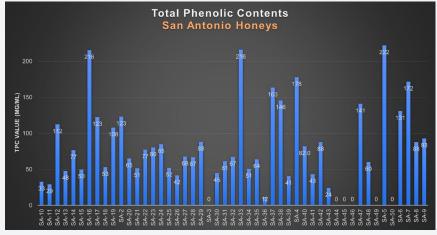
Moderate: ≦16 mm Strong: >16 mm 43% of samples are above 100 GAE (gallic acid equivalent)

| Sample ID | Beekeeper | Zol mm | Sample ID | Beekeeper | Zol mm |
|-----------|--------------------------------|--------|-----------|--|--------|
| Tx-H1 | Steven B Pool/Tribute Honey Co | 0 | Tx-H31 | Vaughan | 16 |
| Tx-H2 | John Swan Wicked Bee | 11 | Tx-H32 | Saundra Smith | 15 |
| Tx-H3 | David Sebastian | 14 | Tx-H33 | James Nielson | 18 |
| Tx-H4 | James & Sylvia Russell | 0 | Tx-H34 | Ken Milam | 12 |
| Tx-H5 | Dodie Stillman | 12 | Tx-H35 | Shiela Thorne | 10 |
| Tx-H6 | Bert Acosta | 0 | Tx-H36 | Amy & Jason Dunsmore | 18 |
| Tx-H7 | Nanette Davis | 0 | TX HS37 | Buckwheat MI | 14 |
| Tx-H8 | Teri Albright | 11 | TX HS38 | Oak Honey TR | 12 |
| Tx-H9 | Owen Smith | 10 | TX HS39 | Heather Honey (Ankara - Caliskan) | 14 |
| Tx-H10 | John Swan Wicked Bee | 16 | TX HS40 | Natural Honey - Ali Baba Grocery | 8 |
| Tx-H11 | Nisha Coker | 10 | TX HS58 | Cibolo Creek (Mark DK) | 16 |
| Tx-H12 | Greg Oermann | 0 | TX HS42 | Kirkland Raw Honey (Costco) | 10 |
| Tx-H13 | Mike Jurek | 12 | TX HS43 | HEB Raw Honey | 8 |
| Tx-H14 | Jimmy Middlebrooks | 14 | TX HS44 | Geronimo Honey (Mark DK) | 18 |
| Tx-H15 | Sonia Hogeland | 12 | TX HS45 | Bracken Honey (Mark DK) | 14 |
| Tx-H16 | Bill Zimmer | 16 | TX HS46 | Arizona Range Honey (Mark DK) | 0 |
| Tx-H17 | Chris Cook | 14 | TX HS47 | Wild Raw Argentinian Honey | 8 |
| Tx-H18 | Andrew Bernig | 16 | TX HS48 | Eucalyptus Honey (Bee Power - Australia) | 12 |
| Tx-H19 | Dex Rogers | 12 | TX HS49 | Arasely Silva | 8 |
| Tx-H20 | Debbie Kober | 7 | TX HS50 | L-Mesitran Honey | 12 |
| Tx-H21 | Stacy Smith | 12 | TX HS51 | Walker #1 | 18 |
| Tx-H22 | Andrew & Tammy Dillingham | 13 | TX HS52 | Walker #2 | 14 |
| Tx-H23 | Andrew & Tammy Dillingham | 14 | TX HS53 | Walker #3 | 12 |
| Tx-H24 | Katrina Semones | 16 | TX HS54 | Walker #4 (Buckwheat) | 12 |
| Tx-H25 | Jimmie Oakley | 16 | TX HS55 | Propolis Box | 14 |
| Tx-H26 | Katrina Semones | 16 | TX HS56 | L-Mesitran Wound Gel / Honey | 0 |
| Tx-H27 | Greg Oermann | 20 | TX HS57 | Comb Honey Michigan | 10 |
| Tx-H28 | Pamela Yeamans | 6 | TX-HS58 | Anatolia Life Propolis | 14 |
| Tx-H29 | Donovan V Johns | 6 | TX HS59 | Black Seed Honey | 8 |
| Tx-H30 | Daniel Brantner | 6 | TX HS60 | Stingless Bee Honey | 10 |

| Sample ID | TPC | Donor | Nectar | Sample ID | TPC | Donor | Nectar |
|-----------|-----|--------------------------------|---------------------------------|-----------|-----|--------------------------------|--------------------------|
| TX-1 | 135 | Steven B Pool/Tribute Honey Co | | TX-31 | 89 | Vaughan | |
| TX-2 | 105 | John Swan Wicked Bee | Goldenrod | TX-32 | 71 | Saundra Smith | |
| TX-3 | 115 | David Sebastian | Wildflower | TX-33 | 106 | James Nielson | Tx Whitebrush/beebush |
| TX-4 | 122 | James & Sylvia Russell | Crimson clover | TX-34 | 45 | Ken Milam | Poison Oak/Tallow |
| TX-5 | 137 | Dodie Stillman | Wildflower | TX-35 | 107 | Shiela Thorne | |
| TX-6 | 178 | Bert Acosta | | TX-36 | 71 | Amy & Jason Dunsmore | Buckwheat |
| TX-7 | 130 | Nanette Davis | | TX-37 | 287 | Joan Mandell - GreenAcres | Oak Honeydew |
| TX-8 | 205 | Teri Albright | Wildflower, persimmon | TX-38 | 118 | Kirikkale Honey | Heather |
| TX-9 | 95 | Owen Smith | | TX-39 | 52 | Ismail Caliskan | Natural Dark Honey |
| TX-10 | 144 | John Swan Wicked Bee | Mesquite, horsemint, wildflower | TX-40 | 92 | Ali Baba Grocery - San Antonio | Cibolo Creek |
| TX-11 | 189 | Nisha Coker | | TX-41 | 67 | Mark DeKiewiet | Raw Honey |
| TX-12 | 96 | Greg Oermann ? | Indian blanket/wildflower | TX-42 | 65 | Kirkland Raw Honey | |
| TX-13 | 115 | Mike Jurek | Wildflower | TX-43 | 51 | HEB Raw Honey | Geronimo Honey |
| TX-14 | 106 | Jimmy Middlebrooks | | TX-44 | 44 | Mark DeKiewiet | Bracken Honey |
| TX-15 | 109 | Sonia Hogeland | Mesquite | TX-45 | 33 | Mark DeKiewiet | Arizona Range Honey |
| TX-16 | 158 | Bill Zimmer | | TX-46 | 118 | Mark DeKiewiet | Wild flowers |
| TX-17 | 128 | Chris Cook | | TX-47 | 40 | Wild Raw Argentinian Honey | Eucalyptus Honey |
| TX-18 | 131 | Andrew Bernig | Wildflower | TX-48 | 59 | Bee Power - Australia | • • |
| TX-19 | 74 | Dex Rogers | Wildflower | TX-49 | 35 | Arasely Silva | L-Mesitran |
| TX-20 | 54 | Debbie Kober | | TX-50 | 79 | L-Mesitran Honey | Gaillardia |
| TX-21 | 41 | Stacy Smith | | TX-51 | 49 | Walker Honey Farms #1 | Horsemint (Monarda Sps.) |
| TX-22 | 73 | Andrew & Tammy Dillingham | | TX-52 | 36 | Walker Honey Farms #2 | Yaupon Holly |
| TX-23 | 33 | Andrew & Tammy Dillingham | | TX-53 | 67 | Walker Honey Farms #3 | Buckwheat |
| TX-24 | 37 | Katrina Semones | | TX-54 | 235 | Walker Honey Farms #4 | Propolis |
| TX-25 | 43 | Jimmie Oakley | Gaillardia | TX-55 | 232 | Propolis Box | Wound Gel |
| TX-26 | 43 | Katrina Semones | | TX-56 | 434 | L-Mesitran Wound Gel / Honey | |
| TX-27 | 78 | Greg Oermann | Wildflower/ Pecan honeydew | TX-57 | 60 | Comb Honey Michigan | Propolis |
| TX-28 | 50 | Pamela Yeamans | Gallardia, Mesquite | TX-58 | 474 | Anatolia Life Propolis | Black Seed |
| TX-29 | 50 | Donovan V Johns | Pumpkin, cotton, lakeweed | TX-59 | 92 | Black Seed Honey | |
| TX-30 | 43 | Daniel Brantner | | TX-60 | 142 | Stingless Bee Honey | |

 Antimicrobial Properties and Antioxidant Properties of San Antonio Honey Samples





Zone of Inhibition (ZoI)

Weak: <11 mm

Moderate: ≦16 mm

Strong: >16 mm

26% of samples are above 100

| Sample ID | Beekeeper | Zol mm |
|-----------|-----------------------|--------|
| SA-H1 | Joseph Matthew Vogel | 14 |
| SA-H2 | Nathalie B. | 18 |
| SA-H3 | Mary Jo Hansen | 14 |
| SA-H4 | Ylva Karlsson | 12 |
| SA-H5 | Heather Wilk | 18 |
| SA-H6 | Heather Wilk | 18 |
| SA-H7 | Heather Wilk | 16 |
| SA-H8 | Linda Williams | 16 |
| SA-H9 | Linda Williams | 18 |
| SA-H10 | Glenn & Monica Kveton | 12 |
| SA-H11 | Glenn & Monica Kveton | 16 |
| SA-H12 | Rick Fink | 16 |
| SA-H13 | Rick Fink | 12 |
| SA-H14 | Rick Fink | 12 |
| SA-H15 | David Hunter | 18 |
| SA-H16 | Joseph Vogal | 18 |
| SA-H17 | Amy Cox | 16 |
| SA-H18 | Carrie Ortiz | 18 |
| SA-H19 | Johnny D Monterverdi | 18 |
| SA-H20 | Chris Black | 18 |
| SA-H21 | Johnny D Monteverdi | 18 |
| SA-H22 | Richard Shaw | 10 |
| SA-H23 | Matt Conrad | 14 |
| SA-H24 | Virginia Zepnick | 12 |
| SA-H25 | Johnny D Monteverdi | 16 |

| Sample ID | Beekeeper | Zol mm |
|-----------|-------------------------|--------|
| SA-H26 | Johnny D Monteverdi | 18 |
| SA-H27 | Johnny D Monteverdi | 14 |
| SA-H28 | Johnny D Monteverdi | 12 |
| SA-H29 | Cathy Hardy | 14 |
| SA-H30 | Ernesto Rocha | 18 |
| SA-H31 | Jeff Jackson | 18 |
| SA-H32 | Disa Campbell | 18 |
| SA-H33 | Rick Fink | 16 |
| SA-H34 | Rob Holliday | 14 |
| SA-H35 | Rob Holliday | 20 |
| SA-H36 | Cristin Bartsch | 24 |
| SA-H37 | Peter Cowger | 22 |
| SA-H38 | Kristie Just | 12 |
| SA-H39 | Kristie Just | 16 |
| SA-H40 | Dianna Res | 0 |
| SA-H41 | Jeannie McDaniel | 18 |
| SA-H42 | Randy & Tara Randle | 20 |
| SA-H43 | James Watson | 14 |
| SA-H44 | Sandra Meckel &R.Harris | 16 |
| SA-H45 | Patrick Moran | 16 |
| SA-H46 | Patrick Moran | 12 |
| SA-H47 | Vicky Kennedy | 14 |
| SA-H48 | Osman Dulgeroglu | 12 |
| SA-H49 | Osman Dulgeroglu | 0 |

| Sample | TPC | Donor | Nootau |
|--------|-----|-----------------------|-------------------------------|
| Sample | | Donor | Nectar |
| SA-1 | N/A | Joseph Matthew Vogel | Unknown |
| SA-2 | 123 | | vildflower / native persimmon |
| SA-3 | N/A | Mary Jo Hansen | Unknown |
| SA-4 | 178 | YIva Karlsson | pollen, white horehound, Ago |
| SA-5 | 222 | Heather Wilk | Oak |
| SA-6 | 131 | Heather Wilk | Oak |
| SA-7 | 172 | Heather Wilk | Oak |
| SA-8 | 88 | Linda Williams | Oak and Elm tree |
| SA-9 | 93 | Linda Williams | Oak and Elm tree |
| SA-10 | 33 | Glenn & Monica Kveton | Wildflower |
| SA-11 | 29 | Glenn & Monica Kveton | Wildflower |
| SA-12 | 112 | Rick Fink | Wildflower |
| SA-13 | 48 | Rick Fink | Cotton & Chilly |
| SA-14 | 77 | Rick Fink | Mesquite & Anaqua |
| SA-15 | 50 | David Hunter | N/A |
| SA-16 | 216 | Joseph Vogal | Vak |
| SA-17 | 123 | Amy Cox | Wildflower |
| SA-18 | 53 | Carrie Ortiz | Wildflower |
| SA-19 | 108 | Johnny D Monterverdi | N/A |
| SA-20 | 65 | Chris Black | N/A |
| SA-21 | 51 | Johnny D Monteverdi | N/A |
| SA-22 | 77 | Richard Shaw | N/A |
| SA-23 | 80 | Matt Conrad | N/A |
| SA-24 | 85 | Virginia Zepnick | Cedar, Oak, Elm |
| SA-25 | 52 | Johnny D Monteverdi | N/A |

| Sample | TPC | Donor | Nectar |
|--------|------|-------------------------|----------------------------------|
| SA-26 | 42 | Johnny D Monteverdi | N/A |
| SA-27 | 68 | Johnny D Monteverdi | N/A |
| SA-28 | 67 | Johnny D Monteverdi | N/A |
| SA-29 | 88 | Cathy Hardy | N/A |
| SA-30 | 45 | Ernesto Rocha | Wildflower, Mesquite |
| SA-31 | 61 | Jeff Jackson | N/A |
| SA-32 | 67 | Disa Campbell | N/A |
| SA-33 | 216 | Rick Fink | N/A |
| SA-34 | 51 | Rob Holliday | wildflower |
| SA-35 | 64 | Rob Holliday | Wildflower |
| SA-36 | 12 | Cristin Bartsch | |
| SA-37 | 163 | Peter Cowger | n/A |
| SA-38 | 146 | Kristie Just | |
| SA-39 | 41 | Kristie Just | |
| SA-40 | 82.0 | Dianna Res | Pollen and Sugar |
| SA-41 | 43 | Jeannie McDaniel | Wild Flowers, guajillo, bee bush |
| SA-42 | 88 | Randy & Tara Randle | Wild Flowers |
| SA-43 | 24 | James Watson | |
| SA-44 | N/A | Sandra Meckel &R.Harris | N/A |
| SA-45 | N/A | Patrick Moran | |
| SA-46 | N/A | Patrick Moran | |
| SA-47 | 141 | Vicky Kennedy | wildflower |
| SA-48 | 60 | Osman Dulgeroglu | Blueberry Farm |
| SA-49 | N/A | Osman Dulgeroglu | Blueberry Farm |
| SA-50 | N/A | Jim and Debbie Pruett | Brush/Mesquite |

Conclusion and Observation

- Honey's antimicrobial and antioxidant properties vary
- San Antonio local honeys have high antimicrobial potential (67%)
- San Antonio sample group has fewer samples with high antioxidant potential
- More San Antonio honey samples have high <u>antimicrobial AND antioxidant</u> <u>properties</u>, making them great candidates for wound healing agent
- Honey samples high in bioactivity are mostly dark in color, but not always









Next Step: From the Lab to the Clinic

- Identified highest bioactivity potential of honeys
- Collecting more honey from beekeeper for further testing
- Gamma sterilizing honey samples for animal and human wound healing trials
- Conducting clinical trials on patients with different wounds
- Monitoring patients throughout the healing process using highest potential Texas honey sample

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Nhi Ho, Undergraduate Student

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Questions?

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References

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